

15.Upper Amity Creek Route



View from overlook on LSHT, photo spot #1

Highlights: The overlooks on the cliff of the Amity Creek Valley . The pretty waterfall area along the old snowmobile trail next to the creek.

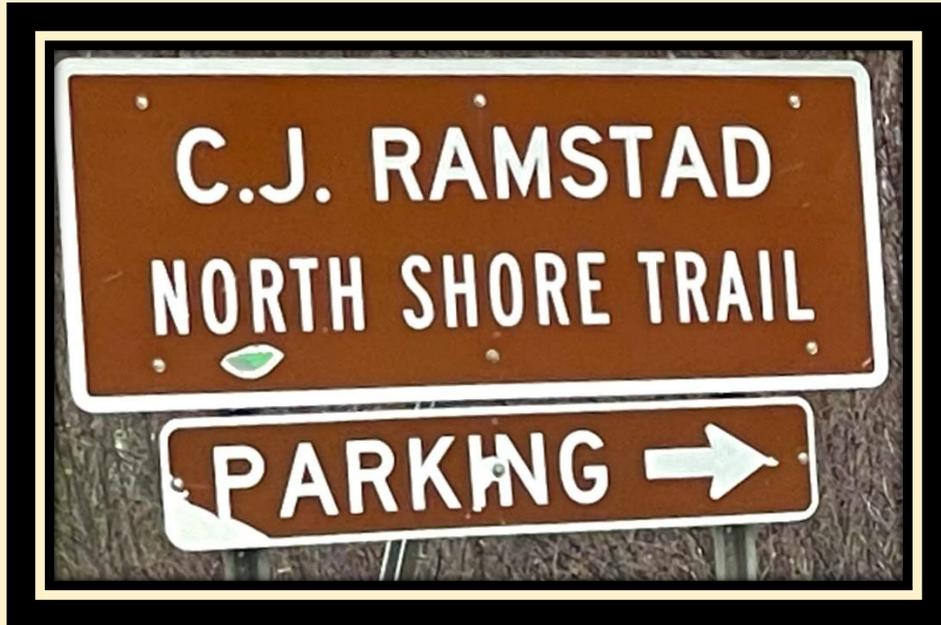
Parking and Directions:

From the I35 take **the 21st Street exit** and head up the hill until you reach Woodand Ave. Follow Woodland Ave. north until you get to **Martin Road**. Take a right on Martin Road and just past the church entrance look for the **LSHT parking lot**. The LSHT starts in the back of the parking lot so look for signs.

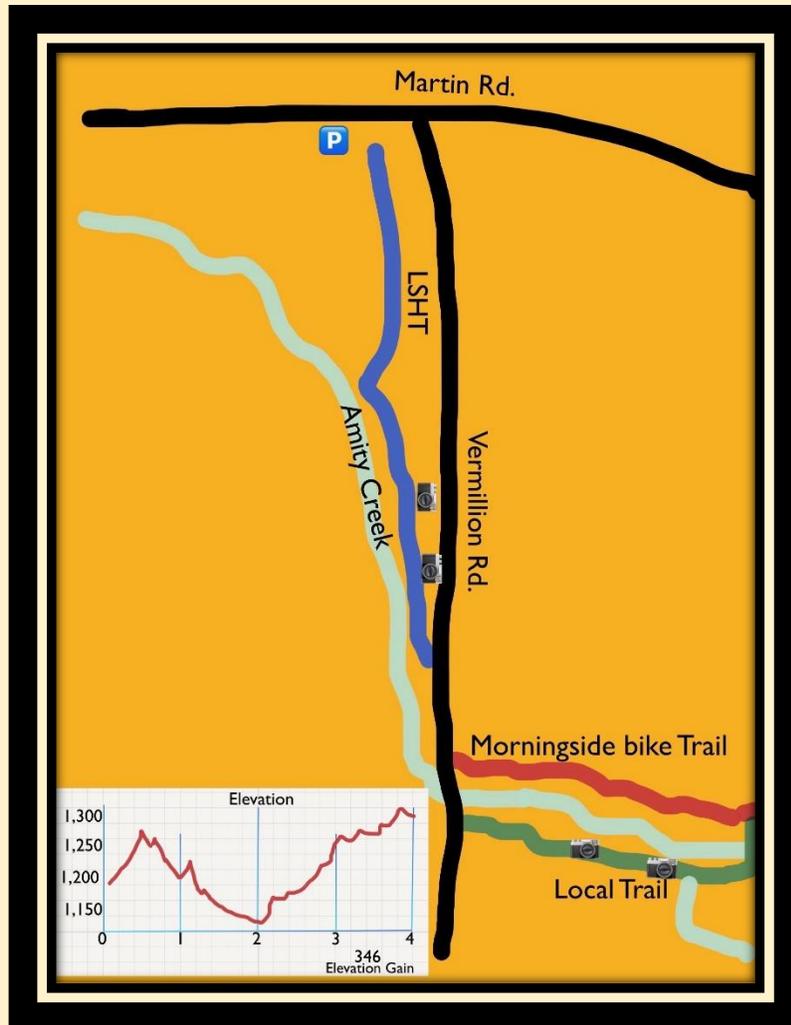
Distance: 4-mile Loop

Difficulty: moderate (some climbing involved)

Recommended for most hikers



Lake Superior Hiking Parking off of Martin Road



The Route:

Mile 1: The trail gradually goes up hill through an area of poplar trees with some boardwalk over marshy spots. You come to an open area where the snowmobile route travels in winter. Cross over Pleasant View Road looking for the LSHT signs. Once across Pleasant View you can start to see Amity Creek below to your right. You will start climbing gradually through a rocky area with small streams trickling through. You eventually climb up to a ridge overlooking the Amity valley. In late spring and early October this is an awesome sight. This is the **#1 photo spot** is on an open cliff overlooking the valley. The trail moves gradually down the ridge (**watch your footing because the view will capture you**). The **#2 photo spot** is just down from the first one and includes many hardwoods across the valley. You will then reach **Vermillion Road**.

Mile 2: Once on **Vermillion Road**, head south until you see a **bike trail sign on your right (Downer Park)**. The trail you want is on the opposite side of the road and is not marked.

Head up the rocks to the top of the outcropping through pine trees. At the top you will now see the trail. Eventually the trail leads you down to a beaver pond and Amity Creek. This is **the #3 photo spot** and you can sometimes see mallards or geese in the pond. The old snowmobile trail leads you along Amity Creek to an area of wild flowers. Continue heading east on this trail.

Mile 3: Eventually you come upon an old snowmobile bridge where the creek flows under you. The creek flows back to a little ridge and a beautiful little spot with a pond and small waterfall. This is the **4th photo spot** on Amity. The trail continues on and you will see a city soil hill to your left. **Continue to the left and cross the city service road. Head up the hill until you see the sign for the Morningside bike trail. Take a left and head back west to Vermillion Road.**

4: Once on Vermillion Road look to right up the hill for the LSHT sign and start up the ridge. You will follow the same trail you came from on your way back to the Martin Road parking area.

Extended Route: When you get to the Morningside bike trail take a right instead of a left and it will lead you to Jean Duluth Road. You can stop there or cross Jean Duluth and catch the trail to Hawk Ridge. Return to Vermillion on the Morningside bike trail.

Family Friendly Route: I suggest parking on Vermillion Rd. where the creek crosses underneath and heading to the south side of the creek where there is a rocky trail heading up the hill. You can follow this trail about a mile with stops at the creek along the way.



View the ridge below the overlook, photo spot #2



View looking north across the beaver pond in November, photo spot #3



View from the little waterfall area past the bridge, photo spot #4

After the hike:

Head back to Woodland Ave. down to **the Blue Stone Shopping area**. [Shops at BlueStone | Duluth MN | Facebook](#) Our favorite after hike spot is **Tavern on the Hill** [TAVERN ON THE HILL - DULUTH, MN \(tavernduluth.com\)](#)

Strava Link

[JLUpper Amity Creek | 4.2 mi Hiking Trail on Strava](#)